

Lesson 1

Claire Laughlin

Consultant & Amazing Trainer

Why be an amazing trainer?



- You have been given a gift
- It's the right thing to do
- Unleash the magic of in-person training
- Greater impact = Better reputation =

MORE CLIENTS = more choices and MORE \$\$

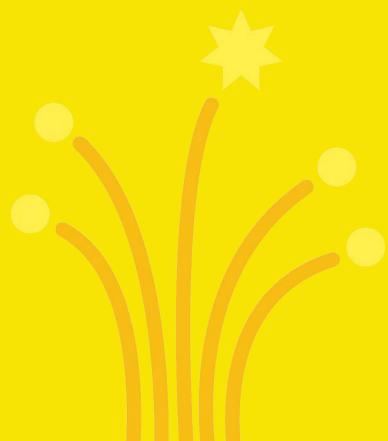


Welcome!



What is an Amazing Trainer?

- Transformational
 - Preparing your participants for change
- Dynamic
 - Enthusiasm is contagious!
- Designs based on the way we learn
 - Ease of implementation
 - Takeaways are clear



What this program will do for you...



- The **BeAnAmazingTrainer** system will allow you to easily and confidently turn your expertise into dynamic, transformational, in-person training courses
- This system will take you all the way from idea, to finished class plan- complete with presentation and participant materials
- Also gives you ready access to a network of trainers who want to share ideas and support excellence in training



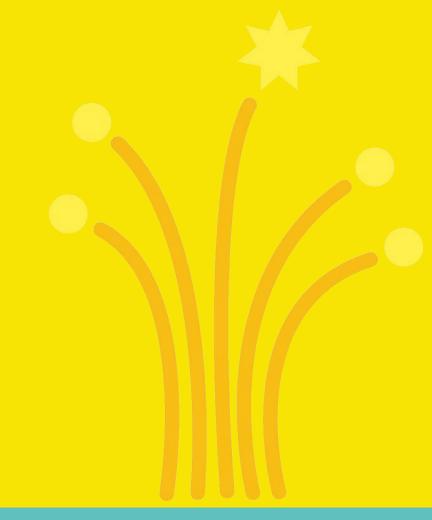
Let's Get Started!

Lesson 1: Who are you?

Lesson 1: Who are YOU?



It is CRITICAL to investigate the *relationship* between YOU and your TOPIC.



What's Your Topic?



Select a topic that you want to focus on the first time through.

 You can use this system over and over again for every training class you design

Example Classes



- How to Be Creative
- Detoxing beauty products
- Course for teens about how to manage money
- How to Negotiate
- Parenting with Empathy

What's Your Topic?



What experience have you had with the topic?

What transformation have you made?

What is your STORY around this topic?

What *lights you up* about it?

AVOID this ROOKIE Mistake



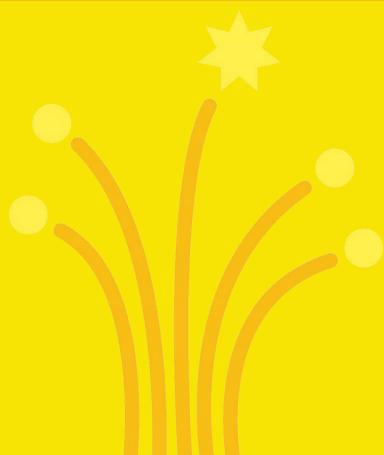


Logistics



The details matter...

- Amount of time
- Venue
- Number of participants
- What else will participants be doing?
- Sponsor needs



Example Classes



3-hour course on Being Creative

An evening gathering of women to introduce beauty products

6 week course for teens about how to manage money

1-day workshop on how to Negotiate

1-hour workshop on Parenting with Empathy

Next Steps

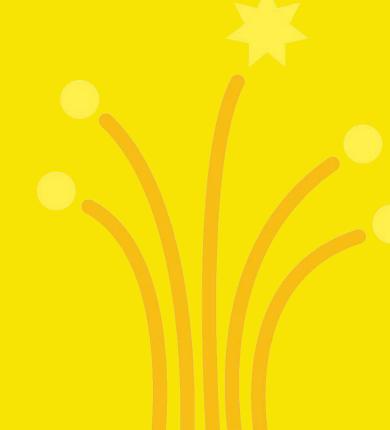


- 1. Complete workbook Lesson 1
- 2. Get Fired UP!
- 3. If you don't already feel fired up about your topic, take some time to reflect.

Join the calls!









Be Amazing Today!